



Rules for Masters Divisions

The Australian Kodokan Judo Association (AKJA) supports and encourages the involvement of participants in “Masters Age” divisions for contest in both Shiai (full contact judo competition) and Kata (demonstration of forms) tournaments.

Whilst International Judo Federation (IJF) rules are utilised at all AKJA and affiliate member governed Shiai tournaments, some rule modifications have been made by the AKJA to be adapted and utilised at tournaments with Masters Age divisions. They are identified in the following sections.

- Certificate of Fitness may be required prior to competition commencement.
- Warning, Waiver & Release will be required to be signed by all participants.

1. Age Divisions & Contest Times:

- Natural birth dates apply as at the day of the contest.
- Because the Masters Divisions are age specific, proof of age is required.
- Photographic identification should be produced at the time of tournament registration or weigh in. Persons unable to provide photographic identification will need to provide two (2) other forms of suitable identification.

AGE DIVISIONS

30 – 39yrs

40 – 49yrs

50 – 59yrs

60yrs & Over

CONTEST TIMES

3 Minutes – Stop/Start

3 Minutes continuous

3 Minutes continuous

2 Minutes continuous

Where possible and depending on player numbers, age divisions will be divided into 5 year groupings.

Where contests are governed by 2 or 3 *minute continuous* time, the time clock will run continuously unless directed by the centre referee for it to be stopped. Circumstances may exist where it is necessary to stop the clock and the call to do so is at the discretion of the centre referee and should occur in cases where a long delay may be expected eg; re-tying of the belt or injury/medical treatment.

2. Weight Divisions:

Normal IJF weight groups will be utilised in the age groups up to and including U40 years. In age groups 40 years and over, there will be a maximum of four (4) set weight groups. Application of all Masters weight groups will be dependent on participant numbers.

<i>Age groups of:</i>	30 – 34yrs 35 – 39yrs
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(cont.)

MALE

U66kg
 66-U73kg
 73-U81kg
 81-U90kg
 90-U100kg
 100kg & Over

FEMALE

U52kg
 52-U57kg
 57-U63kg
 63-U70kg
 70-U78kg
 78kg & Over

<i>Age groups of:</i>	<i>40 – 44yrs</i>
	<i>45 – 49yrs</i>
	<i>50 – 54yrs</i>
	<i>55 - 59yrs</i>
	<i>60yrs & Over</i>

MALE

U73kg
 U81kg
 U90kg
 Over 90kg

FEMALE

U57kg
 U63kg
 U70kg
 Over 70kg

3. Injuries:

Should an injury occur, IJF rules will be followed. However some common-sense modifications have been included and are as follows:

The Medical/First Aid Officer may recommend to the Referee Commission that a competitor be excluded from further tournament participation if they have received or are suffering from concussion or injury deemed by that Medical Officer to be detrimental to the competitor's health. The Referees Commission will deliberate on the findings of the Medical/First Aid Officer and make an informed decision on whether the player is fit to continue or not. The decision of the Referees Commission in consultation with the Medical/First Aid officer shall be final.

Where any player is rendered unconscious, they will not be allowed to continue in the tournament unless given a written clearance by a medical officer. All players rendered unconscious should be conveyed to a hospital or medical centre ASAP after the incident.

Eg: Player blacks out as a result of a choke/strangle technique.

The advice of the Medical Officer shall be accepted by the Referee's Commission and the player excluded from further participation until declared fit to resume competition by a Legally Qualified Medical Practitioner.

4. Judo Gi's:

To limit the cost incurred by players only white Judo Gi's will be worn at the tournament. Red and White belts/sashes will be provided for use.